Establishing your Medicare Advantage HEDIS strategy for the year

Innovative and unconventional approaches from real-world experiences





Meet our speakers



Michelle Magnus, BHA, LSSBB Value-Based Care Manager

- 17 years of healthcare experience
- Point-of-care PCP and specialist
- Health plan, quality, HEDIS, value-based contracting



Sarah Fitzharris, MBA, BHA, LPN
Value-Based Care Manager

- 30 years of healthcare experience
- Quality/clinical operations, HEDIS



Yasty Puig, CPC, CRC, CPMA, CDEO, ISTQB, BA Value-Based Care Manager

- 26 years of healthcare experience
- Risk adjustment, coding, quality operations, and HEDIS consultant



Polling question

What type of organization are you with?

- A. Health plan/payer
- B. Provider organization (IPA, MSO, ACO, etc.)
- C. Provider office
- D. Vendor

Objectives

Contracting

 Key quality components of value-based care Medicare Advantage contracts

Why HEDIS?

 How does it relate to patients' health outcomes?

Planning and strategies

Unconventional ideas for a successful year





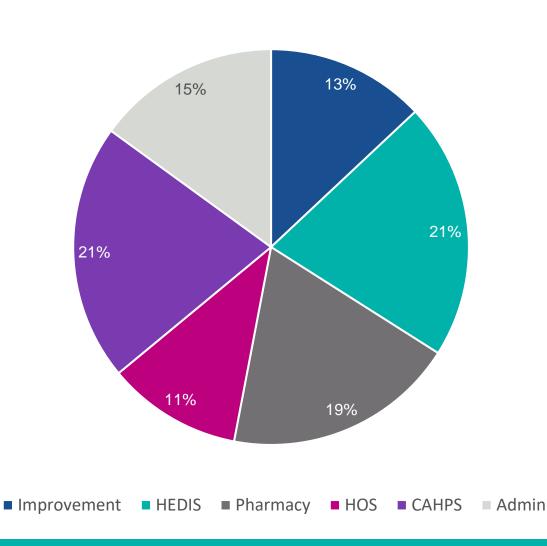
Medicare Advantage and value-based contracts

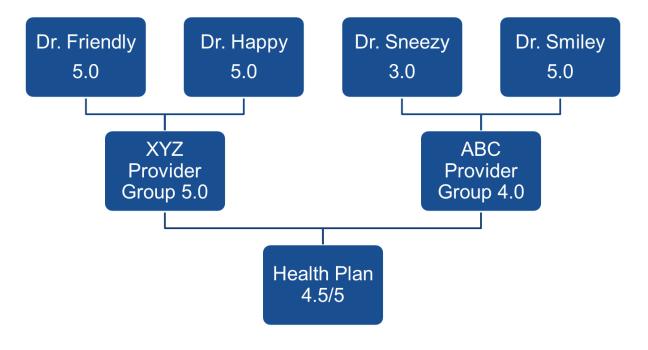
- Centers for Medicare & Medicaid Services contract with Medicare Advantage Organizations
- MAOs create Medicare Advantage Plans. Examples: Aetna, BCBS, Humana
- Medicare recipients can choose traditional Medicare or a Medicare Advantage
 Plan
- MAOs build their Medicare Advantage provider networks through provider contracts, often via a Medicare Advantage value-based contract
- MAOs' Medicare Advantage Plans are graded by CMS annually on their performance through a Star Rating system



Star Ratings and the impact from your provider network

Example of Star Composition





Star Level	Description
5	Excellent
4	Above Average
3	Average
2	Below Average
1	Poor

Medicare Advantage value-based contracts (VBCs)

What is a value-based contract?

Agreement is tied to specified measures of effectiveness and appropriateness. Provider can earn additional incentives for the value of the care they provide, not just for the quantity of services rendered.

Why do Medicare Advantage Plans have value-based contracts?

To promote the triple aim:

- better patient outcomes
- improved health of a population
- lower per capita cost



Levers of a value-based contract

Utilization rates

- Emergency department visits
- Hospital admissions and readmissions

Risk adjustment improvement

HCC code capture

Quality metrics

- Annual visit completion rates
- HEDIS / Part D measures





Example of quality performance impact on VBC payments

Measures	1 Star payout	2 Stars payout	3 Stars payout	4 Stars payout	5 Stars payout
Breast cancer screening	\$0.00 PMPM	\$0.00 PMPM	\$1.00 PMPM	\$2.00 PMPM	\$3.00 PMPM
Colorectal cancer screening	\$0.00 PMPM	\$0.00 PMPM	\$1.00 PMPM	\$2.00 PMPM	\$3.00 PMPM
Controlling blood pressure	\$0.00 PMPM	\$0.00 PMPM	\$1.00 PMPM	\$2.00 PMPM	\$3.00 PMPM
Diabetes care - blood sugar controlled	\$0.00 PMPM	\$0.00 PMPM	\$2.00 PMPM	\$3.00 PMPM	\$5.00 PMPM
Eye exam for patients with diabetes	\$0.00 PMPM	\$0.00 PMPM	\$1.00 PMPM	\$2.00 PMPM	\$3.00 PMPM
Statin use in person with diabetes	\$0.00 PMPM	\$0.00 PMPM	\$2.00 PMPM	\$3.00 PMPM	\$5.00 PMPM



Lost opportunity: \$15 PMPM, with 1,000 members = \$180,000



Tips for success in your value-based contract

Know your contract

- ✓ Identify the value levers of your value-based contract
- ✓ Understand the metrics you're being scored on
- ✓ Weigh the impact of each metric on your overall payout
- ✓ Strategize accordingly and choose the right value-based contract





Polling question

How knowledgeable are you of your Medicare Advantage contract in terms of quality incentives?

- A. I have no idea of what's in our contract.
- B. I'm somewhat familiar.
- C. I'm very knowledgeable and strategy is planned accordingly.

HEDIS

Healthcare Effectiveness Data and Information Set, a standardized set of performance measures developed by the National Committee for Quality Assurance (NCQA).

- Used by more than 90% of America's health plans
- Makes it possible to compare the performance of health plans on an "apples-to-apples" basis
- Measures are continuously reviewed based on published guidelines and scientific evidence
- Assists in identifying gaps in care
- Helps improve patient outcomes and reduce care costs

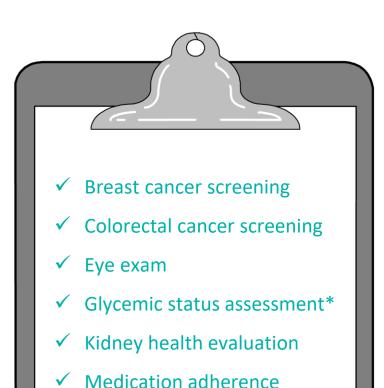


HEDIS® is a registered trademark of the (NCQA). https://www.ncqa.org/

Why does it matter?

Address a broad range of important health issues, such as:

- Cancer
- Care for older adults
- Diabetes
- Heart disease
- Medication management
- Transitions of care



Medication reconciliation





Team-based care

- > Teamwork
- Create templates
- Develop screening/standing order policy
- Identify, address SDOH barriers
- Patient education
- Patient outreach
- Persistent reminders





Let's review



Know your contracts



Stay patient focused



Outreach and persistent reminders



Teamwork



Multi-Level Patient Insights

Clinical Care Gap Report

Location(s) Selected: ProviderGroup: Good Doctor's Office

LOB(s): MEDR Product(s): All Payer(s): AvMed Patient(s): Demo, Patient

Total Active Members in selected Location(s)/Payer(s)/LOB(s)/Product(s): 220 Total Selected Members: 1

A = Accepted condition

P = Conditions that have been accepted in the past

Attributed To	Member Name Member ID Member Phone # DOB Member Gender	Status ①	Version	Category	DOS Year	CMS Disease Group	Diagnosis Code Description	HCC Capture Rate Accepted in MY / Total HCCs	Paid RAF Proj RAF	RAF Score Period	HEDIS Gap Closure % (Closed/Elig) Open Gaps	Last Office Visit Annual Wellness Visit
	Demo, Patient	Α	24 28	19 38	2023	Diabetes with Glycemic, Unspecified or No Complications	E11.9 Type 2 diabetes mellitus without complications				80.00%	
Dr. Best	ABC12345678 (111)222-3333 01/10/1951 F	Α	24 28	22 48	2023	Morbid Obesity	Z68.41 Body mass index [bmi] 40.0-44.9, adult	66.67% 2/3	0.7310 0.7310	07/01/2023 12/31/2023	1/5 COL	10/9/2023 N/A
		Р	24 28	111 280	2023	COPD, Interstitial Lung Disorders, and Other Chronic Lung Disorders	J43.9 Emphysema, unspecified					

Controlled Blood P 18-85 yrs	ressure	Care of Older Adult (CO	A) 66+ SNP only	Diabetes A1C -	18-75 yrs
SYST up to 129	3074F	Advanced Care Plan	nning:	A1c up to 6.9	3044F
SYST 130-139	3075F	Discussed	1158F	A1c 7.0 - 7.9	3051F
SYST 140 or higher	3077F	Surrogate documented in chart	1123F	A1c 8.0 to 9.0	3052F
AND		Legal Document in chart	1157F	A1c > 9.0%	3046F
DIAST up to 79	3078F	Meds Documented in chart	1159F	Eye Exam for	Patients
DIAST 80-89	3079F	Medication Reviewed	1160F	with DM (EED)	18-75 yrs
DIAST 90 or higher	3080F	Functional Status	1170F		
		Pain Screening		No eviden retinopathy in	
Hospital Discharge		Persistent Pain	1125F	vear's	
Reconciled (MRP) (v days of DC) 113		Not Persistent	1126F	dialated exam	
unio 01 Dej 11.				a.a.acaa axaa	



Strategy





Understand the measures

Eligibility

Women 50-74

Requirement

Mammogram

From Oct. 1 two years prior to the measurement year and Dec. 31 of the measurement year

– 27 months total

Measure

BCS-E

Exclusions

Bilateral mastectomy, advanced illness and frailty, hospice, etc.

Submission

Claims

Supplemental: radiology report, patient reported, etc.

Education and communication

Payer

- Resource guides
- Quarterly webinars

Engagement manager

- Discuss a measure on each monthly call
- Provide printed resource guides



Practice administrator

- Educate during staff meetings
- Monthly or quarterly themed focus

Vendor

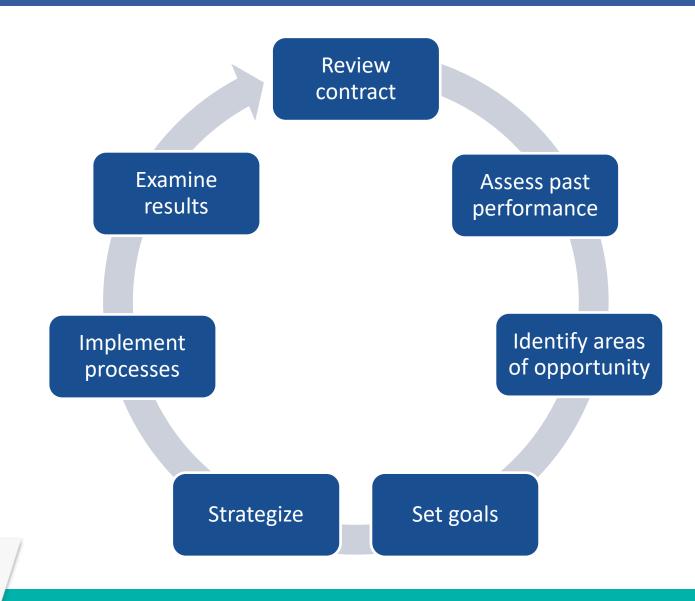
- Blogs
 https://datalinksoftware.com/latest-blog/
- Newsletters
- Webinars
 https://datalinksoftware.com/resources/webinars/

Polling Question

How well do you understand Medicare Advantage HEDIS and Pharmacy measures?

- A. I've heard of it, but that's about it.
- B. I know the basics and can explain them to someone.
- C. I'm pretty good and feel comfortable educating others on them.

Planning – overview





Planning – visit reporting

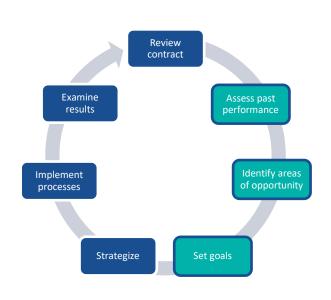


Office Visit Summary

Office Visit Quality Measure			Compliant Members	Non-Compliant Members		Prior Year Compliance %
Office Visits	4,187	<u>546</u>	<u>512</u>	<u>34</u>	93.8%	94.7%
Annual Wellness Visits	232	<u>546</u>	<u>221</u>	<u>325</u>	40.5%	43.5%



Planning – HEDIS reporting



HEDIS Summary

Total Eligible	Total Passed	Pass %	HEDIS Star Level	Patient Safety Star Level	Overall Star Level
360	240	66.7%	2.67	0.00	2.67

Measure	Category	Wgt ≑	Elig ≎	Pass 🖨	Gap ≑	Pass ≑ %	Star Lvl 💠	Gap Star ♀ 2	Gap Star ♀ 3	Gap Star <i>⇔</i> 4	Gap Star ♀ 5
Breast Cancer Screening	HEDIS	1	<u>93</u>	57	<u>36</u>	61.2%	2	0	3	10	17
Care for Older Adults - Pain Assessment	HEDIS	1	<u>40</u>	33	7	82.5%	3	0	0	3	7
Colorectal Cancer Screening	HEDIS	1	<u>227</u>	150	<u>77</u>	66.0%	3	0	0	16	37

HEDIS Detail - Gaps Only

Attributed to ⇔	Member Name ⊕ Member ID DOB Mbr Phone	Last ≑ Office Visit	Elig 🕏 Meas	Open \$ Gaps	Measure	Pass 🕏 Ind	Measure	Measure Compliant Prior Year	Screening Type 💠	Base ♀ Event Date	Last ⇔ Impact Date	Results ⇔	Servicing ⇔ Provider
					Colorectal Cancer Screening	N							
		08/10/2022	3	3	Care for Older Adults - Pain Assessment	N		Yes					
					Breast Cancer Screening 🖺	N							
		04/25/2022	2	2	Colorectal Cancer Screening	N		No					
		04/25/2023	2	2	Breast Cancer Screening 🖺	N		No					



Measures

Breast Cancer Screening Care for Older Adults - Medication Review Care for Older Adults - Pain Assessment Colorectal Cancer Screening Controlling High Blood Pressure Glycemic Status Assessment Eye Exam for Patients With Diabetes Follow-up after ED Visit Kidney Health Evaluation for Patients With Diabetes Medication Adherence for Cholesterol Medication Adherence for Diabetes Medications Medication Adherence for Hypertension (RAS antagonists) Osteoporosis Management in Women who had a Fracture Plan All-Cause Readmissions Statin Therapy for Patients with Cardiovascular Disease Statin Use in Persons with Diabetes (SUPD) Transitions of Care - Medication Reconciliation Post-Discharge Transitions of Care - Notification of Inpatient Admission Transitions of Care - Patient Engagement After Inpatient Discharge Transitions of Care - Receipt of Discharge Information

Breast Cancer Screening
Care for Older Adults - Medication Review
Care for Older Adults - Pain Assessment
Colorectal Cancer Screening
Controlling High Blood Pressure
Glycemic Status Assessment
Eye Exam for Patients With Diabetes
Follow-up after ED Visit
Kidney Health Evaluation for Patients With
Diabetes
Medication Adherence for Cholesterol
Medication Adherence for Diabetes
Medications
Medication Adherence for Hypertension (RAS
antagonists)
Osteoporosis Management in Women who
had a Fracture
Plan All-Cause Readmissions
Statin Therapy for Patients with
Cardiovascular Disease
Statin Use in Persons with Diabetes (SUPD)
Transitions of Care - Medication
Reconciliation Post-Discharge
Transitions of Care - Notification of Inpatient
Admission
Transitions of Care - Patient Engagement
After Inpatient Discharge
Transitions of Care - Receipt of Discharge

Information

Measures

Jan	Feb	March	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec
Cervical Health Month	National Cancer Prevention & Heart Month	Kidnev	National Stress Awareness Month	Osteoporosis Awareness Month	National Cancer Survivor Month	Medication Adherence Month	National Eye Exam Month	National Cholesterol & Pain Awareness Month	Breast Cancer Awareness Month	American Diabetes Month	National Influenza Vaccination Week

Measures	Cervical Health Month	National Cancer Prevention & Heart Month	National Colorectal Cancer & Kidney Month	National Stress Awareness Month	Osteoporosis Awareness Month	National Cancer Survivor Month	Medication Adherence Month	National Eye Exam Month	National Cholesterol & Pain Awareness Month	Breast Cancer Awareness Month	American Diabetes Month	National Influenza Vaccination Week
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After Inpatient Discharge												
Transitions of Care - Receipt of Discharge												
Information												
		without visits n most gaps	Review Roster	Pts witl	nout visits	A	wv		Pts without vi	sits	AWV - Pts v	vithout visits
	90 Days R	x Conversions	Decline Exclusion	d Tests - is Coding	Address Ba Compl		Mid Year Workflow		Declined Exclusion			ar Clean Up s on Deck

March

National Colorectal

Apr

May

June

July

Feb

Jan

Sept

National

Aug

Oct

Nov

Dec

-										
-										
-										
AWV - Pts without visits Focus on most gaps	Review Roster	Pts with	out visits	Α	wv		Pts without vi	sits	AWV - Pts w	vithout visits
	Roster									
	Roster Decline	Pts with d Tests - ns Coding	out visits Address Ba Compli	arriers to	.WV Mid Year Workflow	Review	Pts without vi Declined Exclusion	l Tests -	End of Yea	vithout visits or Clean Up s on Deck
Focus on most gaps	Roster Decline	d Tests -	Address Ba	arriers to	Mid Year	Review	Declined	l Tests -	End of Yea	r Clean Up
Focus on most gaps	Roster Decline	d Tests -	Address Ba	arriers to	Mid Year Workflow	Review changes	Declined Exclusion: Goals OV	Tests - s Coding	End of Yea All Hands	r Clean Up
Focus on most gaps	Roster Decline	d Tests -	Address Ba	arriers to	Mid Year Workflow	Review changes AWV 15%	Declined Exclusion: Goals OV 25%	HEDIS 2.5	End of Yea All Hands Rx 5	r Clean Up
Focus on most gaps	Roster Decline	d Tests -	Address Ba	arriers to	Mid Year Workflow	Review changes AWV 15% 25%	Declined Exclusion: Goals OV 25% 60%	HEDIS 2.5	End of Yea All Hands Rx 5	r Clean Up
Focus on most gaps	Roster Decline	d Tests -	Address Ba	arriers to	Mid Year Workflow	Review changes AWV 15%	Declined Exclusion: Goals OV 25%	HEDIS 2.5	End of Yea All Hands Rx 5	r Clean Up

May

Osteoporosis

Awareness

Month

July

Medication

Adherence

Month

June

National

Cancer

Survivor

Month

Aug

National

Eye

Exam

Month

Sept

National

Cholesterol

& Pain

Awareness

Month

Oct

Breast

Cancer

Awareness

Month

Nov

American

Diabetes

Month

Dec

National

Influenza

Vaccination

Week

March

National

Colorectal

Cancer &

Kidney

Month

Apr

National

Stress

Awareness

Month

Feb

National

Cancer

Prevention &

Heart Month

Jan

Cervical

Health

Month

Measures

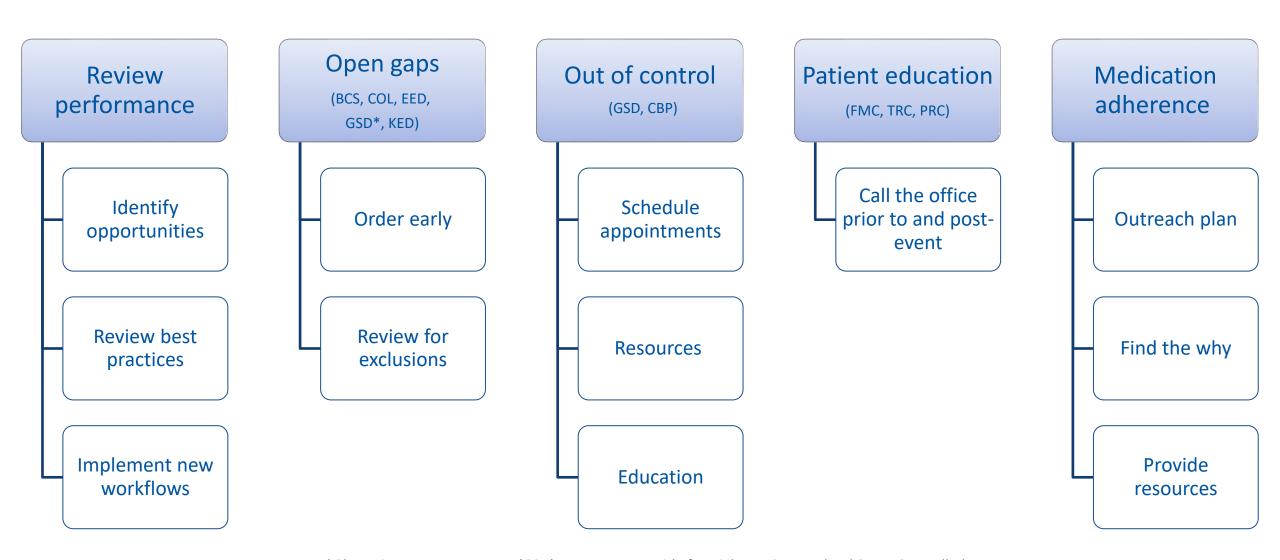
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Medication Adherence for Diabetes											1 fill with	PDC days	
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		without visits n most gaps	Review Pts without visits		A	AWV		Pts without visits		AWV - Pts without visits			
	90 Days R	x Conversions	Declined Tests - Exclusions Coding			Address Barriers to Compliance		Mid Year Review Workflow changes		Declined Tests - Exclusions Coding		End of Year Clean Up All Hands on Deck	
	Color Legend Hybrid - Review and Plan/ End of Year Clean Up						Goals						
								AWV	ov	HEDIS	Rx		
	Focus Measure						Q1	15%	25%	2.5	5		
	Continuously Monitor Episodic Measure Continuous Monitoring						Q2 Q3	25% 40%	60% 75%	3.5	5 5		
	New Fractures Last Impact dates affect next MY						Q3 Q4	65%	90%	3.5	4.5		
	End of Year Clean Up												

Polling question

How do you address the quality gaps for your members?

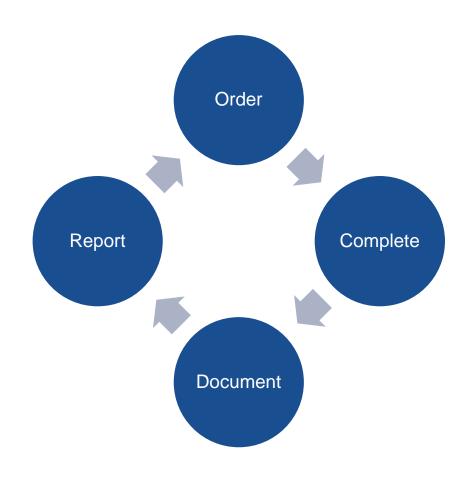
- A. We wait for the report from the payers and get to it when we have time.
- B. We have a team focused, but we don't really have a strategy.
- C. We're very strategic, and closing gaps is a priority.

Quarter 1 proactive strategies



*Glycemic status assessment (GSD) -New measure title for Diabetes Care - Blood Sugar Controlled

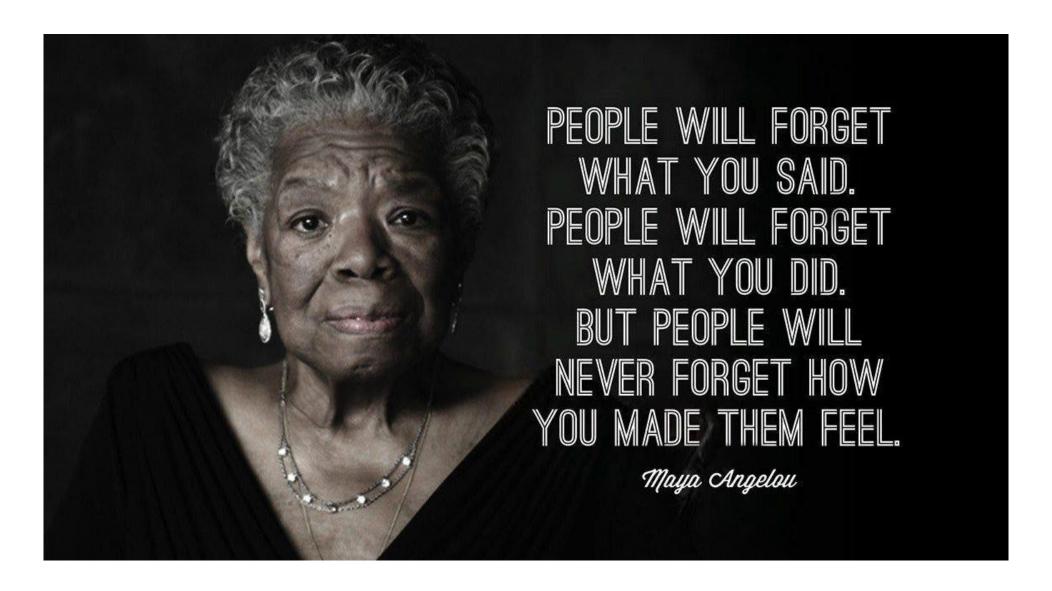
Measure Gap Closure



TIPS

- Questionnaires
- Patient Reported Measures
- EMR
- Declined Test
- Results that matter
- Timeframes

Don't Assume - Close the Loop!





Be creative, be memorable, be fun, be unconventional

Breast Cancer Screening

- Organize on-site theme events: survivor speakers, games, giveaways, and mobile mammography
 - Mardi Gras theme party
 - Save the TaTas party
- Posters with a QR code for scheduler at local facility.
- Show breast cancer survivor video office waiting room

If I'm going to have to keep flashing by boobs for strangers I should at least get some beads for it!





October is Breast Cancer Awareness Month. Get those puppies checked!





Colon Cancer Screening

- Decorate the office and have the staff wear buttons or shirts.
- Partner with the local lab to have test kits in office.
- Set up texting campaigns / email reminders.
- Inflatable walk-through colon for health fairs.













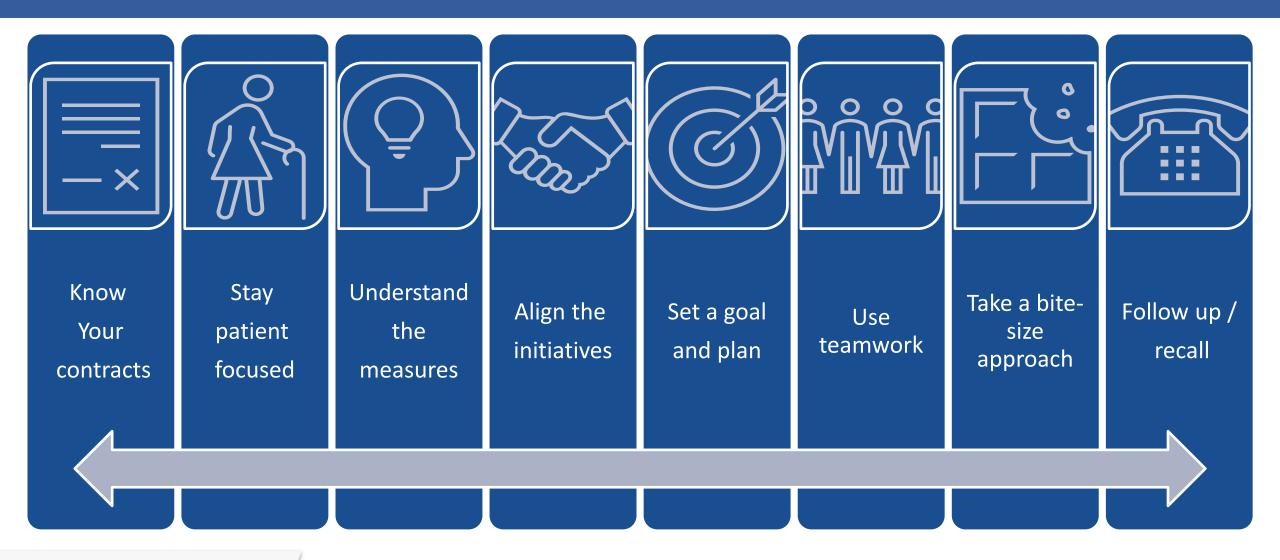
Diabetes

- Host a sugar-free party for patients with uncontrolled diabetes, bring a diabetes educator and patient testimonials.
- Hand out diabetes meal idea flyers.
- Set up text reminder campaigns before holidays:
 - Valentines "Like insulin, I can't live without you."
 - Mother's Day "Take care of your diabetes, your family still needs you."
 - 4th of July "Hopefully your diabetes isn't as sky high as the fireworks."
 - Thanksgiving "Don't get high this thanksgiving, watch your sugar."
 - Christmas "Leave the cookies for Santa."





Strategy – from reactive to proactive













Thank you

Contact us for more information

info@datalinksoftware.com

datalinksoftware.com

Medication adherence - find the why, provide Solution

□ Forgetfulness

- Pill box
- Reminders on their phone or Alexa

☐ Cost

- Verify patient's formulary to ensure patient is on the most cost-effective drug
- Patient assistance programs or discount cards
- Low-income subsidy
 https://www.cms.gov/medicare/enrollment-renewal/part-d-plans/low-income-subsidy/eligibility-low-income-subsidy

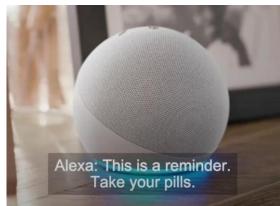
☐ Inconvenience

- 90- or 100-day supplies
- Suggest medication delivery or mail order
- Complicated dosing scheduled for multiple medications ask pharmacy to synchronize refill dates (exactcarepharmacy.com)
- ☐ Attitude around medication or disease state

 Offer a visit with the provider to further educate on member
- **□** Low health literacy

Health literacy and patient safety: Help patients understand - YouTube





Appendix and Resources

- https://www.ncqa.org/
- https://www.asge.org/home/resources/publications/practical-solutions/practical-solutions-national-colorectal-cancer-awareness-month
- https://www.adirondackdailyenterprise.com/news/local-news/2019/03/coasters-remind-people-to-get-screened-for-colon-cancer/
- https://www.exactcarepharmacy.com/
- Health literacy and patient safety: Help patients understand YouTube
- https://www.tmc.edu/news/2020/08/lbj-hospital-nationally-recognized-for-colorectal-cancer-awareness-and-prevention/
- https://www.amazon.com/Fun-Express-Breast-Cancer-Awareness/dp/B00YQCPGNO?th=1