



# Harnessing Data in Value-Based Care:

## How Atlantic Health Drives Success in Shared Savings Programs

CarePort, powered by WellSky and Atlantic Health team up to share best practices for using real-time post-acute performance analytics build and maintain a high-performing post-acute network.

**Oct. 5 | 1:00 PM ET**



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# Agenda

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01

Atlantic Health overview

02

Building a high-performing post-acute network

03

Key findings

04

Measuring for success

05

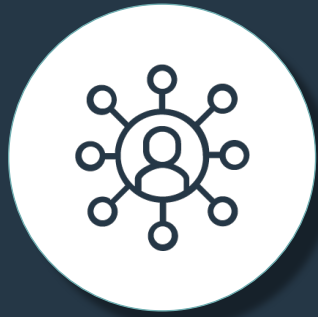
Questions

# Leverage CarePort for **complete visibility into the patient journey**



## **CarePort Care Management**

Optimize care transitions with an EHR-agnostic, cloud-based solution



## **CarePort Referral Management**

Receive and respond to all patient referrals electronically



## **CarePort Guide**

Guide post-acute care selection and help patients choose high quality care



## **CarePort Connect**

Manage patients across care settings with real-time data and care transition alerts



## **CarePort Insight**

Evaluate patient outcomes and post-acute provider performance metrics



## **CarePort Transition**

Create, manage and send post-acute referrals embedded directly within your EHR

# Post-acute care is critical to value-based care....

*But there's still an extreme unexplained variance in quality among SNFs*



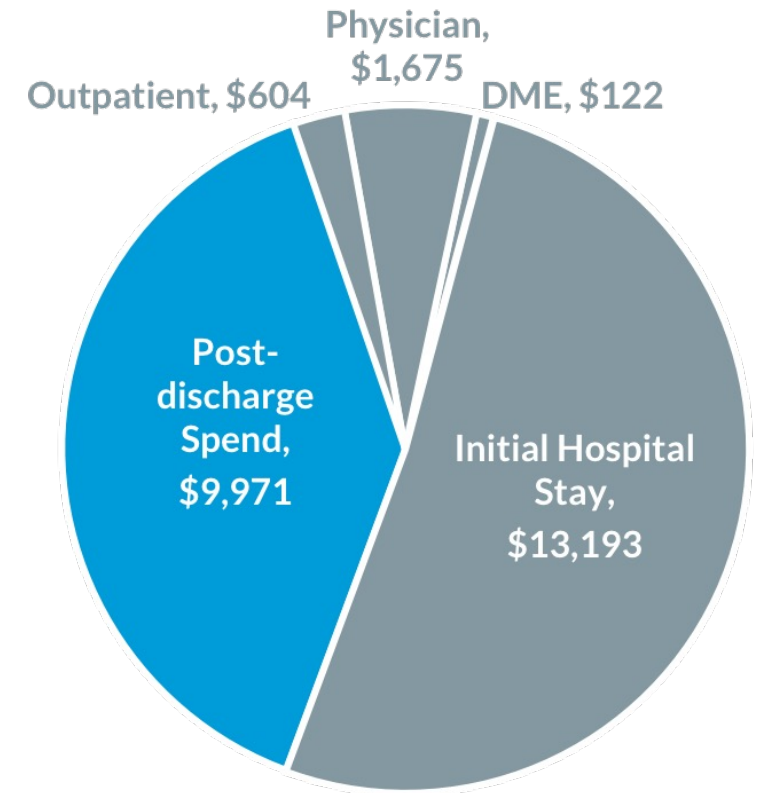
Paper published by NBER in August 2022 "Producing Health: Measuring Value Added of Nursing Homes" finds:

1. "compared to a 10th percentile SNF, a **90th percentile SNF** is able to **discharge a patient at the same health level about a week sooner**"
2. "results point to the potential for substantial gains through policies that encourage **reallocation of patients to higher-quality SNFs** within their market."

Variance can lead to **poor quality** and **unnecessary cost**

Markets have **unique characteristics**

Technology is needed to facilitate **transparency**

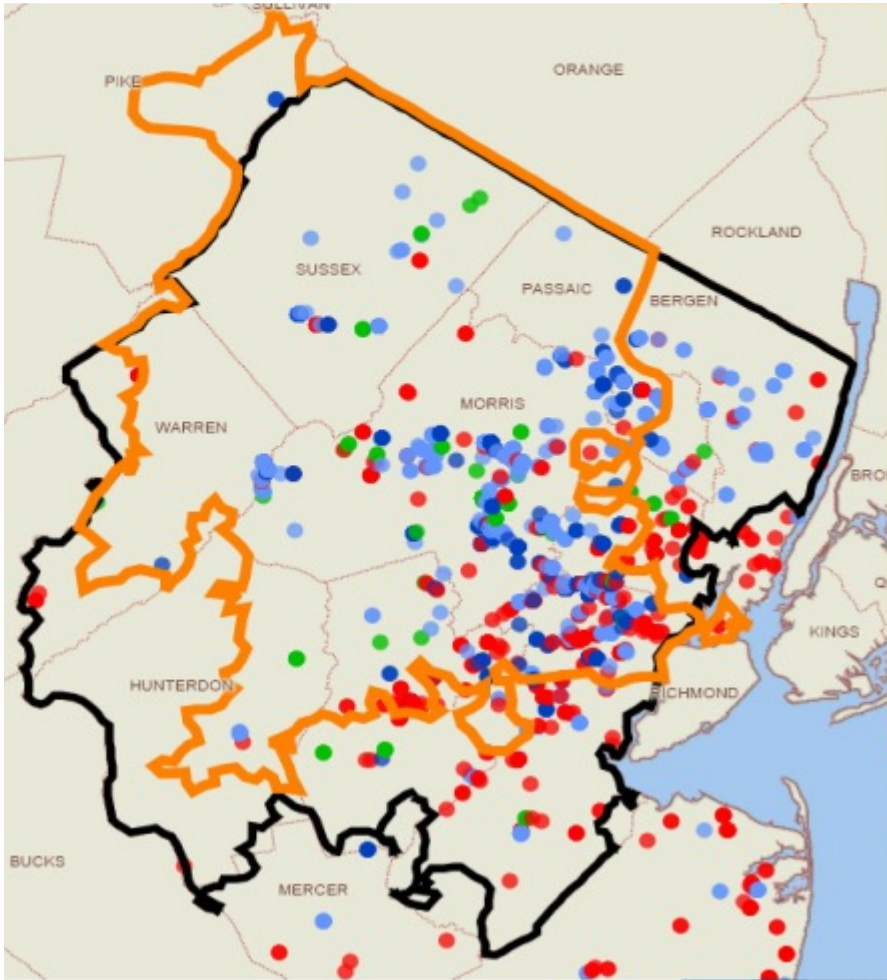


Post-discharge spending drives **39% of spending per episode**

# Poll Question



In 2017, Atlantic Alliance, a Clinically Integrated Network, was created simplify care collaboration in northern and central New Jersey and strengthen relationships between organizations affiliated with Atlantic Health System.



Providers	Primary Care	Specialists	Grand Total
Atlantic ACO	548	2038	2586
Optimus ACO	367	449	816
<b>Total Providers</b>	<b>915</b>	<b>2487</b>	<b>3402</b>

Programs	Commercial Attribution	MSSP Attribution	Grand Total
Atlantic ACO • MSSP BASIC E Downside Risk • Commercial Contracts	196,239	36,277	232,516
Optimus ACO • MSSP Basic E Downside Risk • Commercial Contracts	176,527	28,414	204,941
<b>Total Attribution</b>	<b>372,766</b>	<b>64,691</b>	<b>437,457</b>

# Influencing Change

**Atlantic is taking a broad approach to population health**

# Atlantic Health's goals

1. Establish a high performing network and measure performance
2. Drive performance improvement when meeting with post-acute facilities using real-time data
3. Improve clinical integration between AHS and SNFs
4. Engage SNF attendings on their performance
5. Improve hospital throughput for SNFs



## Data and reporting for insight into:

- Admission/discharge dates
- Patient demographics
- Patient matching
- Discharge disposition
- Historical patient information (timeline)
- Current documentation associated with a patient (CCDs and etc)



# Requirements to join Atlantic Health's high-performing network



## Mandatory Requirements

Submission of Intent to Collaborate – Commitment to cooperation biannually (SurveyMonkey)

Electronic **integration with CarePort Insight** & Epic Carelink

### **Collaboration Score:** Citizenship, PAC liaisons, AHS CM

- Facility Leadership engagement / attendance at regular meetings (1:1, plus any quarterly meetings)
- Responsiveness to requests (from PAC Liaisons, hospital CM teams, etc.)
- Allowing engagement/participation in UR and onsite visits
- Timely return of discharge paperwork to PAC liaison

### **Quality Score:** CMS Short Stay Quality of Resident Care

- Reflects quality of care of temporary residents
- Objective data directly from Medicare Compare

### **Value Score:** CarePort Insight Reporting Metrics

- Rehospitalization Rate
- Average Short Stay LOS

Three scores equally weighted are averaged to determine Total HPN Score

Network reassessed biannually | Limited exceptions on HPN facility selection will be made based on AHS network need

# From out-of-network to in-network: One SNF's journey



**Atlantic  
Health System**

**Proud to be a preferred provider in the Atlantic Health System  
High Performing Network of Skilled Nursing Facilities.**



# What to consider when measuring performance

# Poll Question

# Risk-adjustments

Which PAC do you want to send your referrals to?

## SNF A



**Observed Hospitalization Rate: 29.9%**

For every 100 patients admitted to the SNF, about 30 return to the hospital within 30 days



**Expected Hospitalization Rate: 35.4%**

Based on the high acuity of the patients at the SNF, our model predicted that about 35 out of every 100 patients would return to the hospital within 30 days



**Adjusted Hospitalization Rate: 16.5%**

Holding patient acuity constant, the SNF is performing **better** than the observed rate suggests.

## SNF B



**Observed Hospitalization Rate: 13.8%**

For every 100 patients admitted to the SNF, about 14 return to the hospital within 30 days



**Expected Hospitalization Rate: 8.4%**

Based on the relatively low acuity of the patients at the SNF, our model predicted that about 8 out of every 100 patients would return to the hospital within 30 days



**Adjusted Hospitalization Rate: 32.2%**

Holding patient acuity constant, the SNF is performing **worse** than the observed rate suggests.

# Real-time data

Which PAC do you want to send your referrals to?

SNF A



Nursing Home Compare

Risk-adjusted Readmission Rate: **29.6%**

89th percentile nationwide

SNF A (12 months later)



Nursing Home Compare

Risk-adjusted Readmission Rate : **22.1%**

50th percentile nationwide

# Visibility into specific patient cohorts

Which PAC do you want to send your referrals to?

## SNF A



### All SNF Admissions Population

Risk-adjusted hospitalization Rate: **8.9%**

For every 100 patients admitted to the SNF, about 15 return to the hospital within 30 days

## SNF A (New Population)



### ACO Population

Risk-adjusted hospitalization Rate: **17.3%**

For every 100 patients admitted to the SNF, about 15 return to the hospital within 30 days

# Key Findings

What Atlantic Health discovered using Insight



# Physician performance is just as important as provider performance

How CarePort Insight helped identify unknown ACO attendings



## What's the goal?

Value-based care driven by physicians

## AHS tracks:

- SNF Attending
- Admits
- Readmits
- ALOS

## Dr. SNF Attending SNFist Scorecard DOS Q4 2021

Facility	Total SNFist Admits	Total SNFist Discharges	Rehospitalizations			Length of Stay			
			Facility 30 Day Rehosp Rate %	SNFist 30 Day Reshosp.	SNFist 30 Day Rehosp. Rate %	Facility Total LOS	Facility Short Stay LOS	SNFist Total LOS	SNFist Total LOS
SNF 1	56	46	15.1	13		19.79	21.51		
SNF 2	53	41	9.96	7		26.06	23.5		
<b>Total Dr. SNF Attending</b>	<b>109</b>	<b>85</b>		<b>20</b>	<b>18.3</b>			<b>24.2</b>	<b>20.5</b>
<b>Total High Performing Network (HPN) Q4 2021</b>					<b>15.2</b>			<b>20.1</b>	<b>20.8</b>

Within 10% of HPN avg.

>10% <20% HPN avg.

>20% HPN avg.

### Metric Definitions

**Total SNFist Admits** = total number of your patients admitted to skilled nursing facilities during the time frame specified in the Admit Date

Range filter. This patient group defines the population associated with all subsequent columns.

**Total SNFist Discharges** = total number of the SNF Admits that have been discharged from the facility as of the current date.

**Total 30 Day Rehospitalizations** = total number of SNF Admits that were rehospitalized within 30 days of their SNF admission (rehospitalization is determined by patients discharged from the SNF with a Discharge Disposition of Acute Care Hospital

**30 Day Rehospitalization Rate %** = the 30-day rehospitalization rate, calculated by Total 30 Day Rehosp / Total SNF Admits

**Avg Short SNF Stay LOS** = the average length-of-stay for SNF Discharges.

**Avg Total SNF LOS (Excl. Long Term)** = the average length of stay for SNF Discharges for short stay patients only.

**Notes:** Bolded facilities are part of AHS High Performing Network. SNF attending performance is compared to the Total High Performing Network Target.

LA

SnapShot Chart Review Care Everywhere Results Review

✦ Patient SnapShot

Patient Snapshot Longitudinal Plan of Care ACO Scorecard

Demographics

Significant History/Details

Smoking Current Every Day Smoker, 25 ppd, 225 pack-years  
 Smokeless Tobacco Never Used  
 Vaping Every day  
 Alcohol 6.0 standard drinks of alcohol/week  
 Preferred Language Spanish

Registries

Chronic Disease

- Asthma Registry
- Chronic Liver Disease Registry
- Coronary Artery Disease Registry
- Diabetes Registry
- Hypertension Registry
- Osteoporosis Registry

Wellness

- Wellness Registry: All
- Wellness Registry: Male 30-49

ACO

- Horizon Risk

Problem

- Cancer Population Registry

Filtering

- Active Patients

Epidemic

- COVID-19 Vaccinated Patients Registry

Others

- CMS-HCC Registry
- OLD Medicare Advantage (CMS-HCC)

Search Chart

COVID-19 Vaccine: Overdue for booster dose

F. PCP - General

ALLERGIES

- Abarelix
- Pollen Extracts
- Shellfish Derived

Active Therapy Plans

ACCESS ENDS 3/7/2022

Registries (14)

- Value Program

Select encounter

Upload document

Change patient

### Storyboard in CareLink & AHS Value Program

- We have added Registries and Value Program to the Storyboard in Carelink.
- You will be able to see if a patient is on a registry and if a patient is a part of the AHS Value program.

SNF Attending	Group	Total Admits
Stevie Wonder	Atlantic Alliance	8
Merle Haggard	Atlantic Alliance	13
Elvis Presley	Atlantic Alliance	2
Johnny Cash	Other	6
Bob Seger	Other	1
Waylon Jennings	Other	1
<b>Total</b>		<b>31</b>

# Hospital discharge teams need to be accountable

## Digging into the cause of Day 0-3 readmissions

### Managing hospital throughput

- Are you ensuring clear communication to SNF to prevent readmissions?
- Time of SNF discharge, is it disruptive?
- Is there a pattern in diagnoses that is driving readmissions?

Hospitalization July 1 - 31 <i>Preceding period used</i>				
Day 0-3	Day 4-7	Day 8-30	Total 30-Day	30-Day Rate (Risk-Adjusted)
21	36	25	82	→ 21.8%
13	3	1	17	→ 15.8%
1	8	20	29	→ 25.4%
7	25	4	36	→ 24.2%

# Measuring for **success**

## Improving TOC Outcomes

Report	CarePort Resource	Metrics	Goal
Development of High Performing Network	SNF Analytics	Admits, Readmits, ALOS. % of admits from Atlantic Health Sys.	SNF Engagement
Development of SNF Utilization Performance Scorecard	SNF Analytics	Admits, Readmits, ALOS	SNF Engagement
Development of SNF Quality Performance Scorecard	SNF Market Analytics	Careport and CMS rating, payroll-based staffing, short stay MDS and claims based QMS	SNF Engagement
Development of SNF Attending Performance Scorecard	SNF Analytics	SNF Attending, Admits, Readmits, ALOS	SNF Attending Engagement
Improving Clinical Integration-Atlantic Visiting Nurse			SNF Engagement
Improving Clinical Integration-Atlantic Alliance Physicians	SNF Analytics	SNF, SNF Attending	SNF and SNF Attending Engagement
Improving Hospital TOC Communication, Processes and Workflow	SNF Analytics	Readmits 0-3, SNF admission date & time	Hospital Engagement
Clinical Care Paths	SNF Analytics	Primary & Secondary Admit Diagnoses	SNF/Hospital Engagement

# SNF Analytics to build & maintain high-performing network



What's the goal?

Measuring, and improving, SNF engagement

Atlantic Health reports on:

- Admissions
- Readmissions
- Average length of stay
- % of admissions from Atlantic Health System

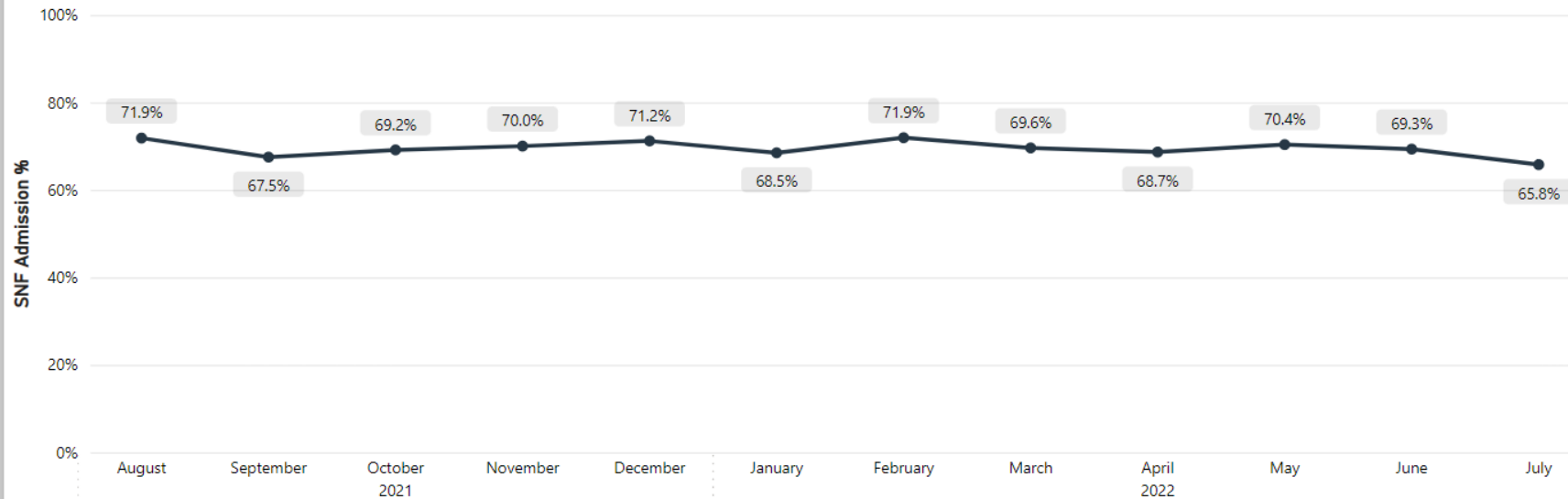


# Discharging patients in-network

## SNF Admissions In Network



SNF Admission % In Network Over Time



**69.5%**  
of patients typically  
find their way into  
the network

### SNF Admissions

Year Network Status	2021						2022						
	August	September	October	November	December	Total	January	February	March	April	May	June	July
In Network	401	399	462	465	569	2,296	537	500	488	445	494	493	493
Out of Network	157	192	206	199	230	984	247	195	213	203	208	218	218
<b>Total</b>	<b>558</b>	<b>591</b>	<b>668</b>	<b>664</b>	<b>799</b>	<b>3,280</b>	<b>784</b>	<b>695</b>	<b>701</b>	<b>648</b>	<b>702</b>	<b>711</b>	<b>711</b>

### Average Admission %

Out of Network

30.5%

In Network

69.5%

# Using SNF Analytics to build SNF utilization scorecard



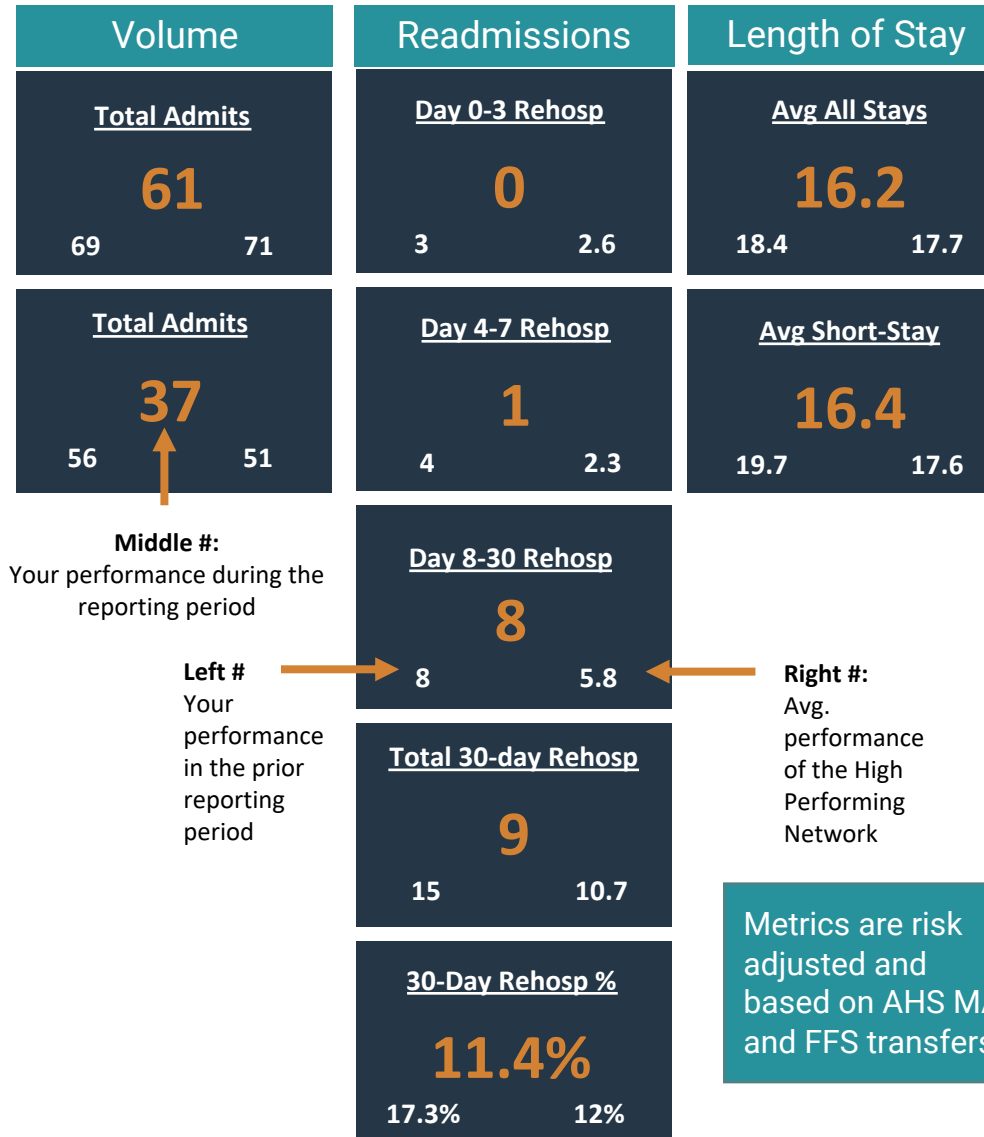
## What's the goal?

Measuring, and improving, SNF engagement

The SNF Utilization Scorecard measures:

- Admissions
- Readmissions
- Average length of stay

Rehab & Healthcare Center      Period Q2 2022 YTD



## Metric Definitions

**Total Admits** = total number of your patients admitted to skilled nursing facilities during the time frame specified in the Admit Date Range filter. This patient group defines the population associated with all subsequent columns.

**Total SNF Discharges** = total number of the SNF Admits that have been discharged from the facility as of the current date.

**Day #-# Rehosp** = total number of SNF Admits that were rehospitalized with a SNF LOS of # to # days (ranges include: 0-1, 2-3, 4-7, and 8-30).

**Total 30 Day Rehosp** = total number of SNF Admits that were rehospitalized within 30 days of their SNF admission (rehospitalization is determined by patients discharged from the SNF with a Discharge Disposition of Acute Care Hospital).

**30 Day Rehosp %** = the 30-day rehospitalization rate, calculated by Total 30 Day Rehosp / Total SNF Admits.

**Avg SNF LOS** = the average length-of-stay for SNF Discharges.

**Avg SNF LOS (Excl. Long Term)** = the average length of stay for SNF Discharges for short stay patients only.

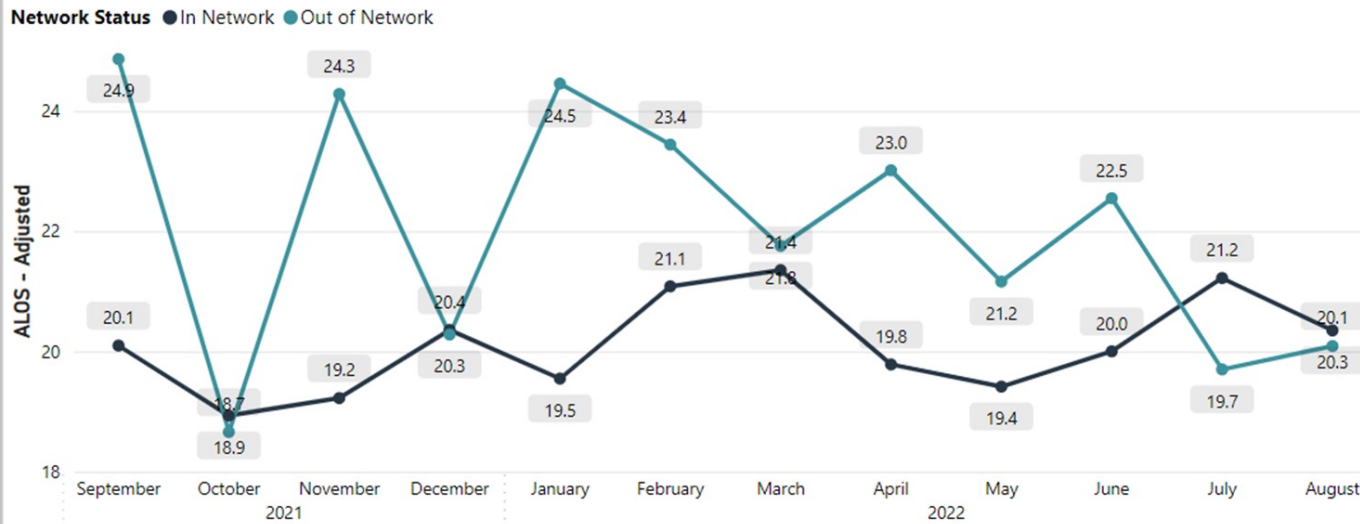


# In-Network providers do a better job managing utilization

## SNF ALOS for Patients Discharged to Community



SNF ALOS for Patients D2C Over Time by Network Status - Adjusted -



Adjusted Rate

Observed Rate

Adjusted ALOS

- Out of Network: 21.9
- In Network: 20.1

Marginal Benefit to Patient Discharged into Network:

**1.8 days**  
Fewer days

- Adjusted -

Year	2022								Total
Network Status	February	March	April	May	June	July	August	Total	Total
In Network	21.1	21.4	19.8	19.4	20.0	21.2	20.3	20.4	20.1
Out of Network	23.4	21.8	23.0	21.2	22.5	19.7	20.1	21.9	21.9
<b>Total</b>	<b>21.8</b>	<b>21.5</b>	<b>20.8</b>	<b>20.0</b>	<b>20.8</b>	<b>20.7</b>	<b>20.3</b>	<b>20.8</b>	<b>20.7</b>

SNF Community Discharges

Network Status	2021	2022	Total
In Network	1,155	2,476	3,631
Out of Network	481	1,112	1,593
<b>Total</b>	<b>1,636</b>	<b>3,588</b>	<b>5,224</b>

# Using Market Analytics to develop SNF Quality Performance Scorecard



## What's the goal?

Measuring, and improving, SNF engagement

The SNF Quality Scorecard measures:

- Careport and CMS rating
- payroll-based staffing
- short stay MDS and claims based QMS

Rehab & Healthcare Center

Period Q2 2022 YTD



## Metric Definitions

**Overall**- The overall rating is based on a nursing home's performance on 3 sources: survey, staffing, and quality of resident care measures.

**Survey**: Composite measure based off approximately the last 3 years of the SNFs state survey regulatory citations

**Staffing**: Composite measure based off RN and total nurse staffing hours per resident day

**Quality**: Composite measure based off various quality measures for both the skilled and custodial population

**Short Stay QMS** - This section contains the CMS publicly available measures for Medicare Spending per Beneficiary, Percentage Successfully Discharged to Community, Percent Visited ED.

**Medicare Spending Per Beneficiary**: Ratio that shows how much the SNF bills Medicare stays compared to other SNFs. Lower ratio means lower spend.

**% Successfully Discharged to Community**: Rate of successful return to home and community from a SNF.

**% Visited ED**: % of Short Stay patients who have had an outpatient ED visit

**Staffing** - This section contains the CMS publicly available measures for RN Hours per Resident Day and Total RN, LPN, CNA Hours per Resident Day.

**RN HRPD**: RN hours per resident day. This measure is adjusted for the provider's patient case mix.

**Total HRPD**: Total RN, LPN and CNA hours per resident day. This measure is adjusted for the provider's patient case mix.

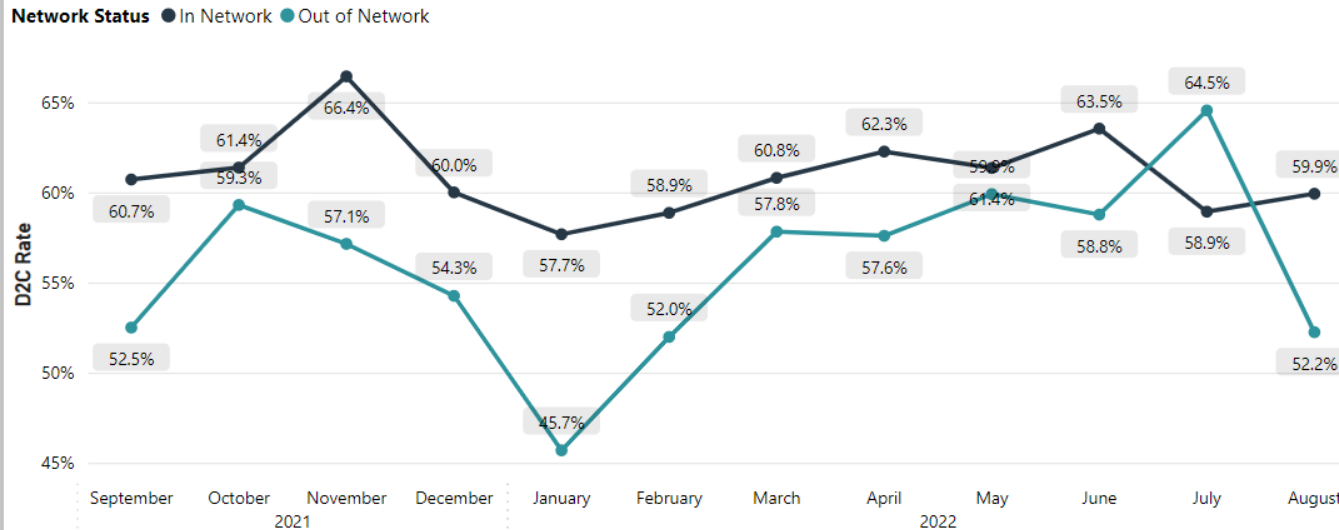
# In-Network providers discharge more patients home



## SNF Discharge To Community (D2C)



SNF Discharge to Community Over Time by Network Status



Average Discharge to Community Rate

In Network  
60.9%

Out of Network  
55.9%

Marginal Benefit to Patient Discharged in Network:

**5%**

more discharged to community

SNF DISCHARGE TO COMMUNITY RATE (%)

Year	2021					Total	2022 January
	September	October	November	December			
In Network	60.7%	61.4%	66.4%	60.0%	<b>62.1%</b>	57.7%	
Out of Network	52.5%	59.3%	57.1%	54.3%	<b>55.8%</b>	45.7%	
<b>Total</b>	<b>58.1%</b>	<b>60.8%</b>	<b>63.6%</b>	<b>58.3%</b>	<b>60.2%</b>	<b>53.8%</b>	

SNF DISCHARGES (COUNT)

Year	2021					Total	2022 January
	September	October	November	December			
In Network	336	422	429	510	<b>1,697</b>	48	
Out of Network	160	172	189	223	<b>744</b>	23	
<b>Total</b>	<b>496</b>	<b>594</b>	<b>618</b>	<b>733</b>	<b>2,441</b>	<b>71</b>	

# What's ahead

for Atlantic's high-performing network?

# KEY TAKEAWAYS



Invest in technology –  
implement electronic workflows



Define performance  
measures & goals



Ensure data transparency/clinical  
integration of technology



Evaluate & re-evaluate  
preferred providers

Q&A



# Thank you

Contact us



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CAREPORT

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# CarePort<sup>®</sup>

powered by WellSky<sup>®</sup>

REQUEST INFO



CarePort, powered by WellSky, is an end-to-end platform bridging acute and post-acute EHR data, providing visibility into the entire patient journey for providers, physicians, payers and ACOs.

Allegheny Health Network  
Driving success in transitional care management

⇒ DOWNLOAD

RESOURCES



CarePort Connect

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powered by WellSky

Providing care beyond the four walls and into the home

An industry shift to home-based post-acute care and adapting to our new normal

DOWNLOAD

5 Levers of Value-Based Care

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