

# The New Key To Closing Care Gaps: Digital Patient Communications!

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Prepared for: ACO Exhibit Hall

Date: June 29<sup>th</sup>, 2021



# Agenda

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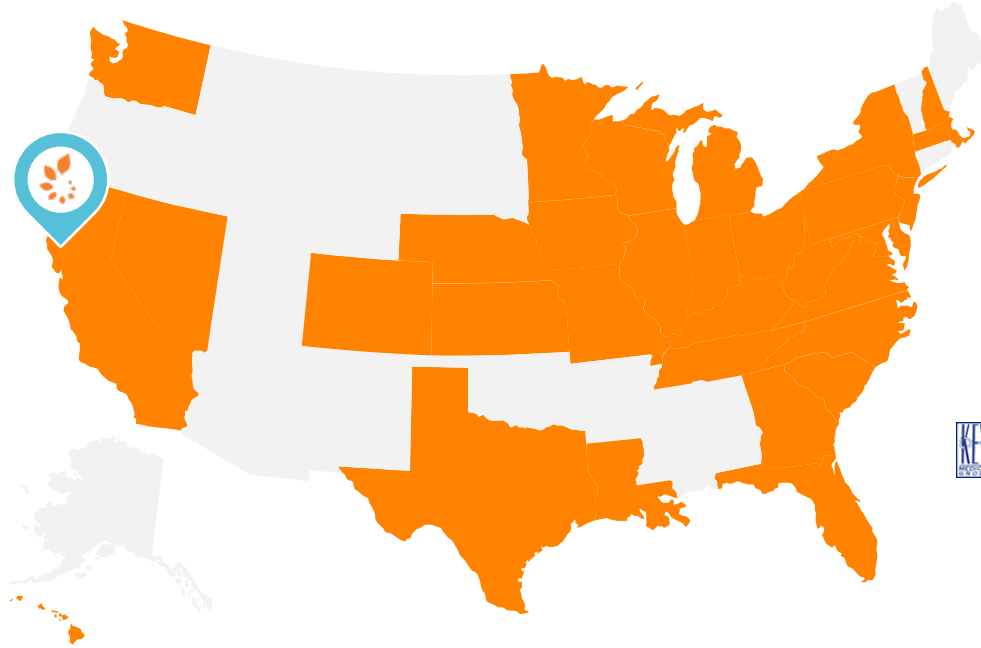
- For context: Rapid HealthCrowd overview
- Session content:
  - Opportunities for communications with members
  - Types of outreach communications
  - Compliance and Effectiveness
  - Communicating in a natural way
  - Outcomes
  - Review actionable takeaways checklist
- Q&A

# Introduction of HealthCrowd

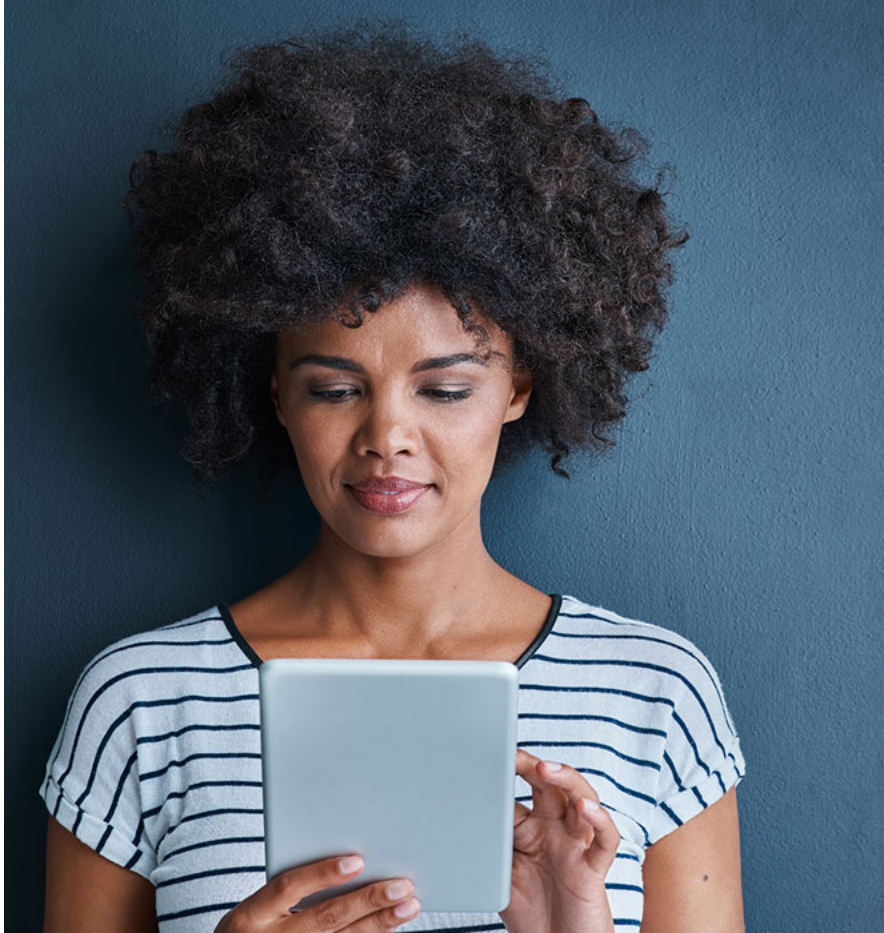
Health care communications orchestration

## HealthCrowd

- Communications orchestration platform
- Headquarters - San Mateo, California
- Trailblazer, growing rapidly and venture-backed
- Hi-TRUST certified



HealthCrowd is a member of ACAP, ACO EXHIBIT HALL, HPA, MHPA, NAACOS, NADP



What are the reasons a provider communicates with a member?

# Member communication opportunities



# Who do patients trust? Their providers!

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**74 percent** of patients report a favorable view of their provider\*

\* Pew Research Center study entitled, "Trust and Mistrust in Americans' View of Scientific Experts." August 2, 2019

Only **16 percent** of U.S. consumers believe health Insurers put members over profits\*

\* 2017 Harris Poll Reputation Equity and Risk Across the Health Care Sector report

# Why texting is significant

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**98%** of people own a mobile phone

**95%** of all messages are read within 90 seconds

**75%** of people don't answer a call from a number they don't recognize

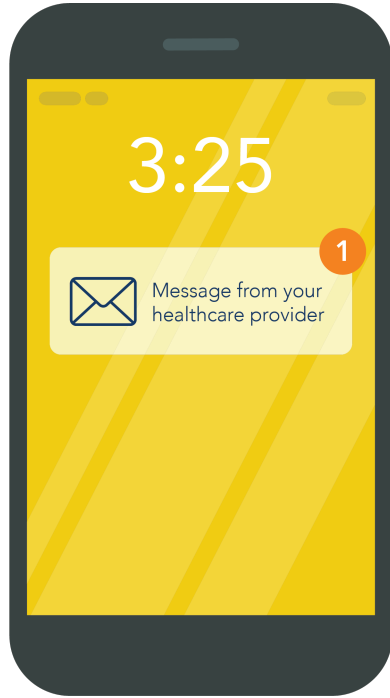
**29%** don't listen to voice mails

**200** the average number of unopened emails

**90%** of adults 50+ use technology for communication

# What patients say

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**91%** report text as the preferred communication with provider

**65%** want text appointment reminders and pre visit instructions

**75%** report text is helpful way to receive appointment, delivery and payment reminders

**53%** of complaints are regarding poor communication not quality of care



# Polling question

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## What are your plans for texting members? (Choose one)

1. Our ACO will be texting members within the next year
2. Our ACO will add texting within the next two to three years
3. We are already texting members
4. We have no plans to text members



# How to design an effective communication strategy

# Start with the end in mind

Defining a successful digital outreach requires thinking through some of these questions

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What is the desired **action**?



What are the desired **outcomes**?



How will you **measure** the outcomes?



Will this be the **right** member experience?

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# Types of Outreach Communications

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# Every channel has its inherent strengths and weaknesses

Text	IVR / Robocall	Email	Nanosite	Chatbot
<p>Ideal for nudges to create awareness, get self-reported data, drive (initial) action, answer short questions</p> <p>Used correctly, benefits from informal &amp; friendly feel, perceived anonymity and push nature (i.e. it gets across unless member opts out)</p>	<p>Useful to reinforce important actions</p> <p>Unfortunately, can sometimes emit generic big company feel and its abuse has caused pick-up rates to plummet due to member desensitization</p>	<p>Great complement / supplement to other channels; especially suitable when instructions or document are involved</p> <p>Consistency of messaging with other channels can amplify member action</p>	<p>Combined with Texting, a powerful tool to collect data, do surveys, get assessments completed, share multimedia with members</p> <p>Underutilized previously but demand is growing rapidly for vendors with a flexible customizable offering</p>	<p>Useful to auto-respond to common inquiries, triage and/or escalate to humans</p> <p>With the right intent and investment, can have significant positive impact on member experience while delivering tangible cost savings</p>

<sup>1</sup> Personalized mobile website

# Be deliberate when choosing an outreach channel

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1

What is the objective? Why are you choosing a communications channel? Some examples:

- Adding to improve reach
- Supplementing to drive more actions
- To reduce member services inbound call volume
- To increase survey completion rates

2

Will the member experience be consistent with existing channels?

- Absent a brand guide, ask if the language, tone and personality are consistent with how your group views itself

3

Will it complement/enhance current communications or create more noise?

- Coordinate the new channel with existing channels to avoid bombarding members

4

Have a plan to measure success based on your objective in #1

# Golden rules for messaging success

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Timely



Relevant

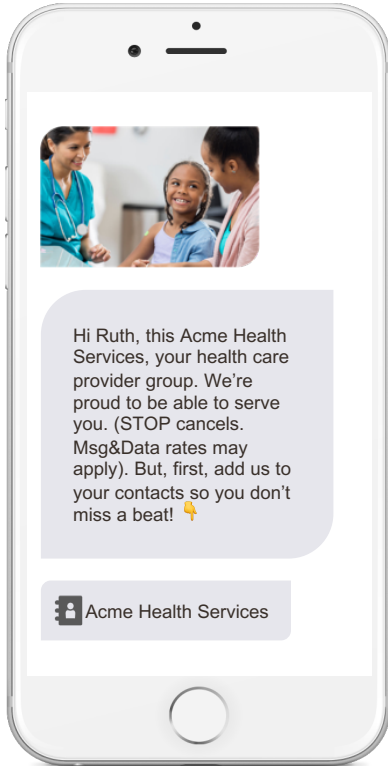


Actionable

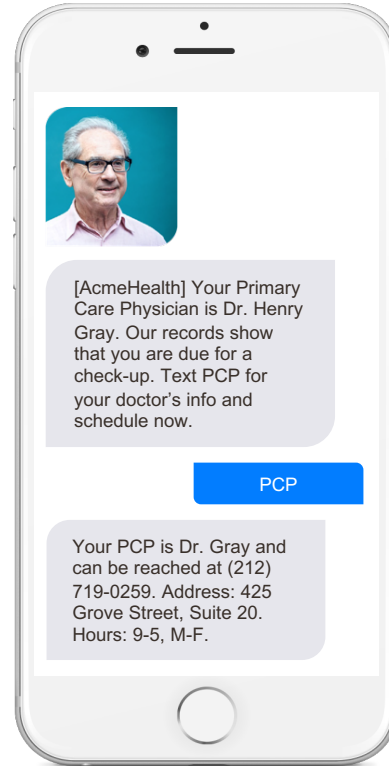
or simply

**“What’s in it for the member?” WIIFTM**

# Example new member welcome



- Create warmth with MMS/Picture Messaging
- Build trust & rapport
- Inject fun with Emojis
- Add to Contacts



Easily customize messaging and logic based on your onboarding priorities

Other popular keywords:  
**RIDE, DENTAL, GC, CARD**

- Put a face to the PCP
- First in series of varying nudges
- Actionable
- Interactive
- Personalized



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# Compliance and Effectiveness

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# Be in compliance

When different departments are outreaching to members, there can be unintentional bombardment.

Enforce a communications policy to:

- Protect the member experience
- Protect the health plan from litigation

To protect the member experience

HealthCrowd enforces communications policy:

- Telephone Consumer Protection Act (TCPA) compliant
- HIPAA compliant – all messages include a HIPAA light message
- Do Not Contact list management

### Communications Policy

**Integrated with Do-Not-Call:**

**Calling time:**   to

*No calling on Holidays; also, State-specific requirements*

[Alabama](#) [Kentucky](#) [Louisiana](#) [Massachusetts](#)  
[Nevada](#) [Rhode Island](#) [Wyoming](#)

**Minimum duration between communications:**

**Maximum number of communications:**

**TCPA precaution:**

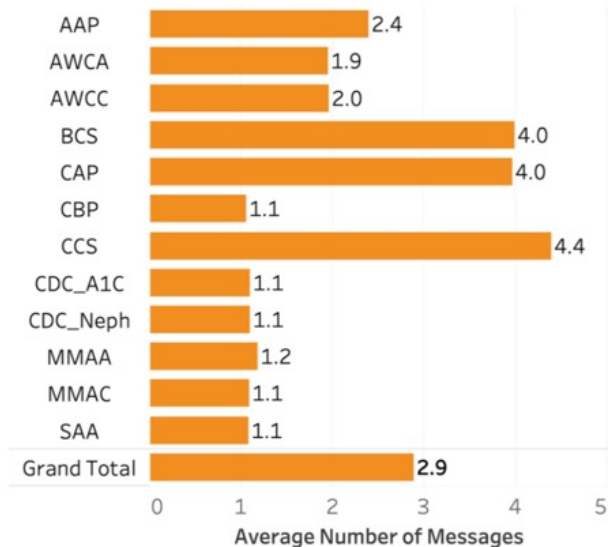
*Move to DNC after*

# Discipline can create strong, sustainable results

Case in point:  **Amerigroup**  
An Anthem Company

By applying the golden rules to their text messaging content, Amerigroup Tennessee was able to drive **efficient gap closure** across a spectrum of HEDIS measures

Average number of messages until gap was closed



# Done right, choosing a new channel can have massive impact

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**Profile:** Serves members in Florida Healthy Kids and Medicaid (Broward county) programs; commercial, self-insured employee health plans; and sponsored programs

**Objective:** Add Texting to current channels (Mail and Live Calls) to (i) reach entire Medicaid population rapidly, (ii) make rapid member-PCP connection and (iii) drive gap closures<sup>1</sup>

<sup>1</sup>Statistically significant outcomes versus control



*"In late December, AHCA released the scores for the plans and we were shouting from the rooftops because we had earned 26 of 30 stars in the six quality domains shared earlier...**the most stars of ANY plan in the STATE of Florida** ... with our true Partner in Care – HealthCrowd!"*

– Jessica Lerner, COO

# Polling question

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**Where would you add texting for impact at your ACO? (Choose one)**

1. Appointment reminders
2. Care gap closure
3. Disease management
4. Member satisfaction survey
5. Medication adherence

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**Communicate in a natural way**

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# Mirroring is a winning strategy

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The best way to communicate with a member is by **mirroring** how they communicate with others in real life, i.e. using all the different channels in a natural way

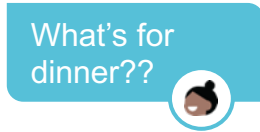


# Consider how one may communicate in real life

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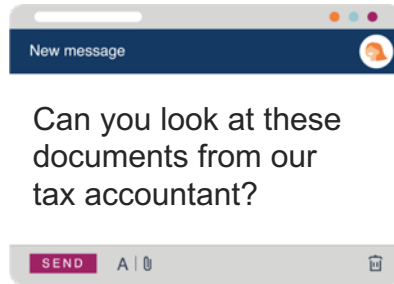
## TEXT

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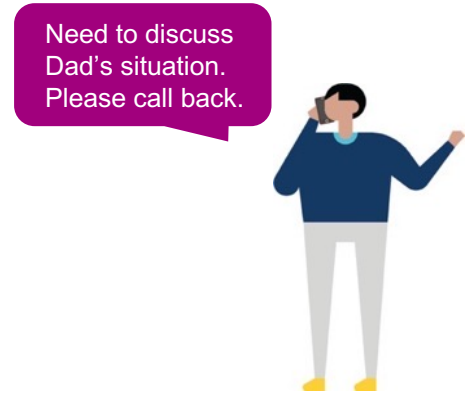
## EMAIL

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## CALL

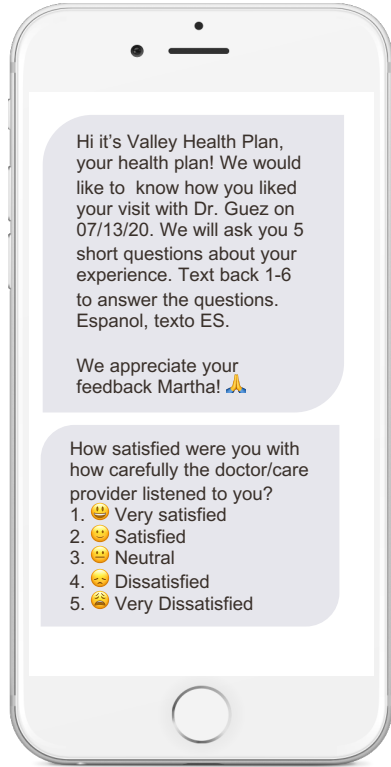
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*Why do member communications often not conform to these common-sense social norms?*

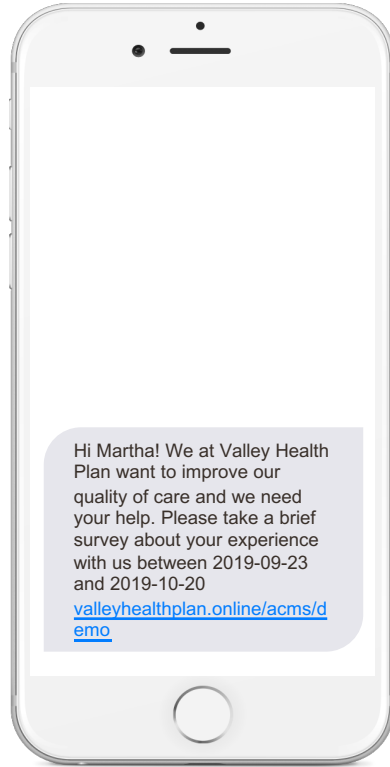


# Example surveys with nanosite



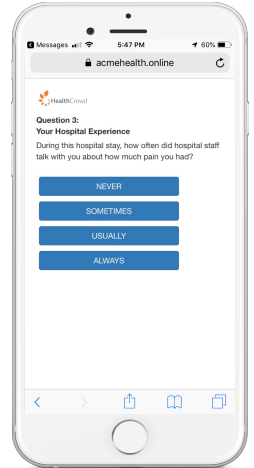
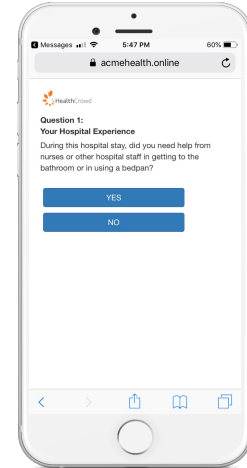
Create text surveys

Leverage nanosites



## Health plans love our nanosites!

- White-labeled with your branding
- Personalized by member
- Automatic expiration
- All activity tracked
- Flexible beyond belief!



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# Outcomes

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# Comprehensive Diabetes Care, ACA Plan

## OVERVIEW

- Northern California health plan, multilingual
- Previous: mailings with education and 2 check-in calls annually
- Need to improve: HbA1c tests, blood pressure checks, nephropathy monitoring, and diabetes eye exams

## CHALLENGE

Increased engagement to encourage more wellness and screening visits for Chinese, English and Spanish-speaking members with diabetes.

## RESULTS

- Developed texts to promote effective diabetes self-care habits
- Targeted, relevant and literacy-appropriate

### Results compared to previous 2 years



Surveyed opt-in members strongly agreed: helpful information given

# Preventive Care Screenings, Medicaid Plan

## OVERVIEW

- Florida Health plan
- Over 100,000 members
- Plan experienced a name change – needed to notify members and raise awareness of new name

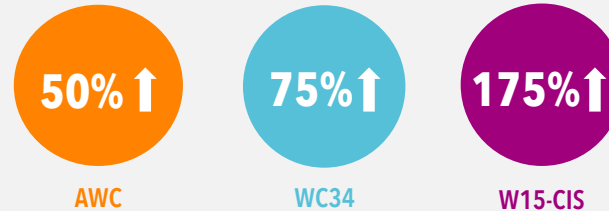
## CHALLENGE

Reaching thousands of Medicaid members in two languages and driving them to attend preventive care visits with their doctor.

## RESULTS

- Increased preventive care visits from 15% to 175% across six measures
- Achieved the most stars (26 of 30) for a Medicaid plan in the state of Florida for two straight years

### Increased HEDIS measures



# Pregnancy Wellness Program, Community Plan

## OVERVIEW

- Pennsylvania community health plan
- 10,000 pregnant members
- 1 million members

## CHALLENGE

Need to improve prenatal and postpartum HEDIS rates, specifically engaging high-risk pregnancy members to reduce low BW and intensive care events.

## RESULTS

- Engaged opt-in members through multiple touchpoints - combining text messaging, telephone appointment reminders, written member materials, and included various incentives to help reach desired goals.
- Utilized picture messaging, MMS, to educate and bond

### Results compared to control group



PPC



PNC



FPC



Surveyed opt-in members strongly agreed: helpful information given

# A summary checklist for your reference

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## 1 More outreach ≠ better outcomes

- Is the content Timely?
- Is the content Relevant?
- Is the content Actionable?
- Can I answer WIIFTM?

## 2 More channels ≠ better outcomes

- Articulate objective of adding new channel
- Address consistency of member experience
- Coordinate with current channels
- Document how success will be measured
- Enforce an enterprise-wide communications policy

## 3 Communicate in a natural way

- Is the best channel(s) for the job being used?
- Is this how one would communicate in real life?

## 4 Outcomes

- Are the different channels working together to create a more relevant and remarkable member experience and driving the results you want



# QUESTIONS?

Jackie Maynard  
Vice President, National Accounts

# Visit our Virtual Booth at [ACOExhibitHall.com](https://ACOExhibitHall.com)

**HealthCrowd**

HealthCrowd orchestrates and delivers healthcare communications that drive healthy actions and consumer satisfaction while managing compliance.

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www.healthcrowd.com

- HealthCrowd Press Release 5-18-21
- HC Case Study: Diabetes Management
- Healthcrowd ACO Overview

Request Demo

**COMPANY OVERVIEW**

HealthCrowd hiBot  
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MENU





# THANK YOU

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617-834-1876

# Footnotes

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- 98% people own a mobile phone [Pew Research](#)
- 95% of text messages are read within 3 minutes of being sent. ([Forbes](#))
- 75% don't answer phone The Harris poll [The Harris Poll](#)
- 29% don't listen to voice mail [The Harris Poll](#)
- 200 emails [Workfront](#)
- 91% pts prefer text [Healthcare IT News](#)
- 65% want text appt reminders [Medical Economics](#)
- 53% of complaints regarding poor communication <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5867282/>