

# Strategies to Optimize ACO Success

Presented by Lawrence Schimmel, M.D.

**Chief Medical Officer** 

# **About Clinigence Health**

Clinigence Health is a leading healthcare information technology company providing an advanced, cloud-based analytics platform that enables healthcare organizations to succeed in a value-based world where the efficient use of resources and the delivery of quality care are the principal measures of performance.



# Strategies to Optimize ACO Performance



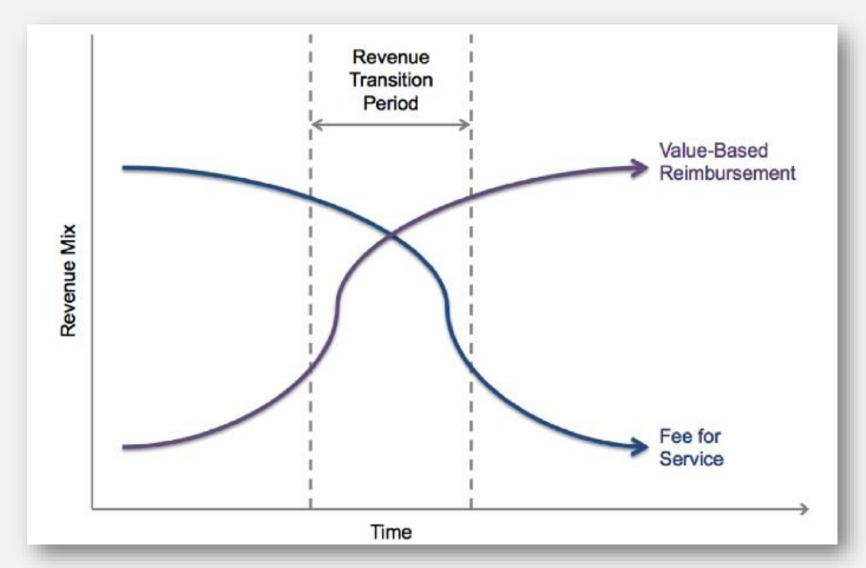
The ability of ACOs to continue to perform better year over year requires specific strategies to address opportunities to improve. In this webinar, Dr. Lawrence Schimmel, Chief Medical Officer of Clinigence Health, will provide audiences with insight on how to meet those challenges and optimize organizational performance.

The use of technology allows managers to easily determine variance within both patient and provider populations. How you react to the variance can lead to the success or failure of an organization.

Learn more at <a href="https://clinigencehealth.com/solutions">https://clinigencehealth.com/solutions</a>

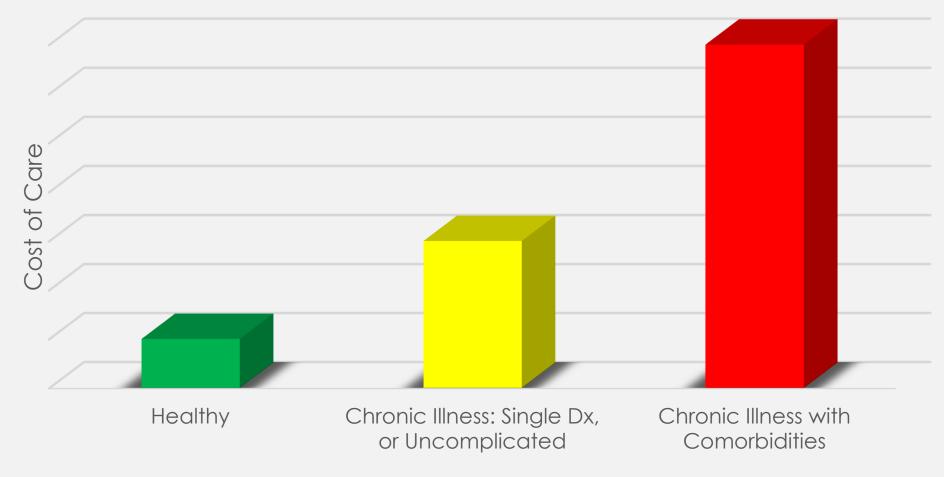


### Revenue Mix Over Time



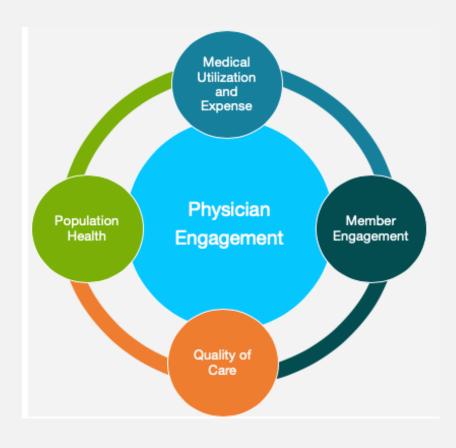
### **Cost of Care**

Costs dramatically increase as patients develop chronic conditions and move to complications and comorbidities



# Physician Controls Consumption

Physicians with their pens control almost 100% of all healthcare dollars spent: Connecting PCPs to actionable information regarding their patients will enable transformative change to occur.



#### **Technology**

- Enables data transparency between payers and providers and provider organizations to providers, Physician Engagement
- Provides the ability to manage multiple contracts on a single platform
- Compares how a provider is performing in relation to last year and to their peers
- Delivers a holistic view of patient-centric data across the continuum of care that enables Patient Engagement
- Should deliver a predictive model to proactively manage care
- Gives providers access to data in a way they can act on it, to make more informed decisions that directly impact cost, utilization, and quality

## Important ACO Measurements

- Year over Year Performance for ACO and by TIN
- Did we Spend less this year than we did last year
- Measure 30,90, and 180-day Readmissions with target below 50%
- See Patients Four Times a Year Especially Chronic Disease patients
- Pharmacy Gaps Patients that did not refill their scripts
- Annual Wellness Visits
- Prevention Management and Screening
- Transition of Care Are all Discharges from the hospital seen within 10 days
- ED visits/1000
- Admissions/1000
- Focus on Patients you can help
- MRA Score
- Patient Retention

Technology Helps ACOs Operate Efficiently

# **High Cost of Doing Nothing**

### The Three Key Questions

**Are You Improving?** 

Are You Staying the Same?

**Are You Getting Worse?** 



#### **Annual Wellness Visit**

- Helps Increase Quality Scores
- Helps Identify Who You Need to Focus On Development of Care Plans
- Those Patients with AWV See Their Doctor More

# See Your Patients Every Three Months – Especially Those With Chronic Illness

- Identify Issues Before They Occur
- Identify Which Patients Have Not Refilled Their Scripts
- Reduces Visits to the ED and Unnecessary Admissions
- Increases Prevention and Quality Measure Performance

#### **Transition of Care**

- All Patients Discharged from Hospital Should see their Doctor within 10 Days
- Likelihood of Readmission Decreases as Percentage of TOC Visits Increases
- Reduction in SNF and Rehab Transfers Back to The Hospital

#### All Cause Readmission to the Hospital

- Measure 30, 90, and 90 Days Readmissions
- 50% of Patients Discharged will be Readmitted Especially if Not Seen
- Example CHF has 22%, 35%, 50% over 30, 90, and 180 Days SCALE

#### **Patient Retention**

- The Higher the Percentage, the Better the Overall Performance of the ACO
- Anyone Who is Not Seen within 6 Months is Considered Lost

#### ED Visits/1000 and Admissions/1000

50% of All ED Visits Result in an Admission

#### **MRA Score/HCC**

- An MRA/HCC Score that is going up or Remaining the Same is Good
- An MRA/HCC Score that is Going Down is Bad
- Chronic Illnesses Do Not Resolve, They are Managed or Get Worse

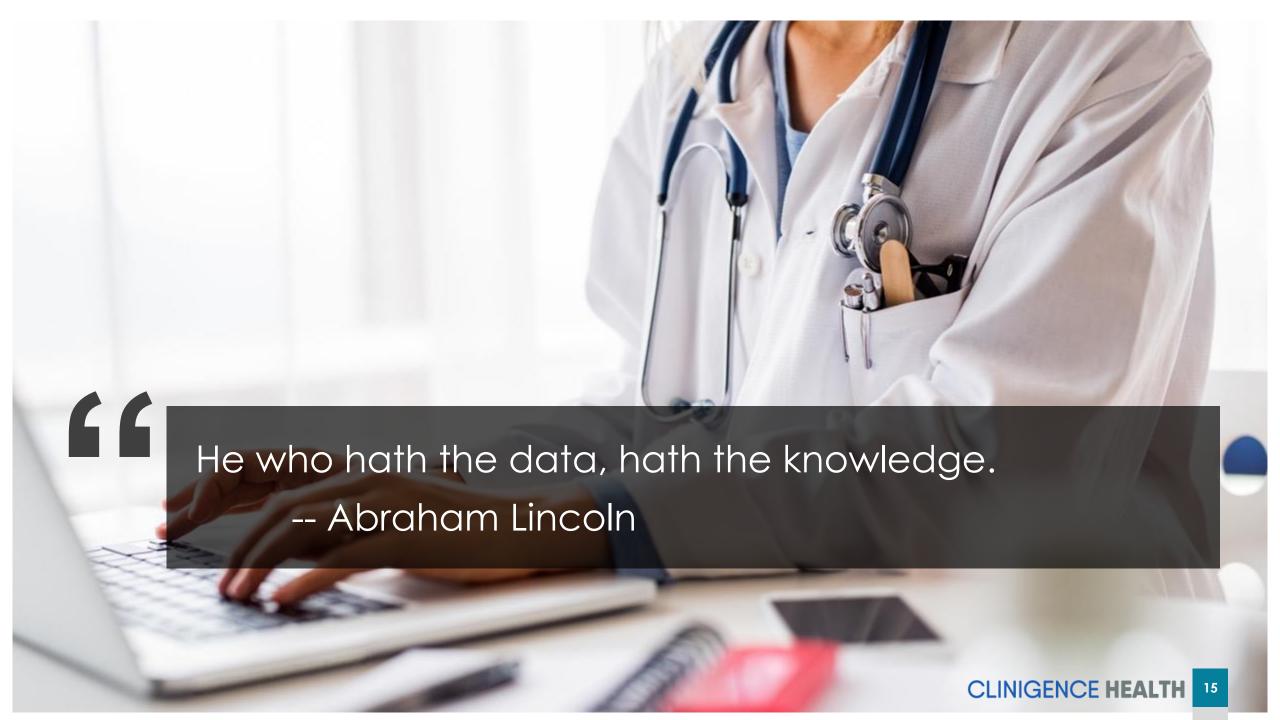
Best medical practices and utilization drive overall cost, which determines how well or how poorly you perform financially

What is Total PMPM for ACO and by TIN?
What is Professional, Facility, ED, OP Facility, Hospice Costs by ACO and by TIN?

# Measure by Entity and by TIN



Mix of Healthy Versus Sick/Chronic patients in practice Transition of Care (CPT code) for doc follow-up visit – try to get 100% Readmission Rate 180 days less than 50% Percent of All/Chronic Patients Seen Each Quarter – 75% or better **Trend AWV by Month** In Network versus OON Utilization Number of patients you start with and lose – "not seen in 6 months" MRA/HCC Acute Admits per 1000 ED visits per 1000 **Imaging PMPY** PMPM - Total, Medical, Hospital IP, Pharmacy Post-Acute PMPY (SNF, Rehab, HH)

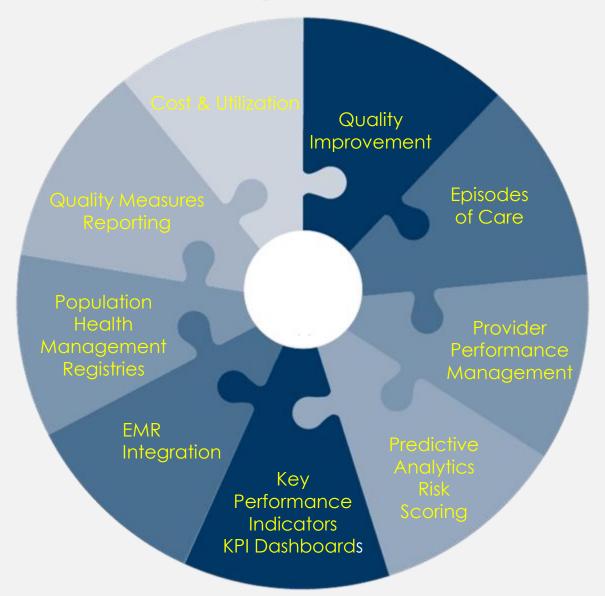


# Technology Helps Organizations Enhance Performance



Analytic Platform
Remote Patient Monitoring (RPM)

# What is Required of Your Technology



#### **Analytic Platform**

#### Ease of Use

- Interactive reports with deep drill down capability
- Powerful filters



#### Payer-Provider Transparency

- Payer-Multi Provider
- Provider-Multi Payer



#### **Automated Insights Delivery**

M2M workflow integration



#### Rapid Speed to Value

Automated customer data integration



# Remote Patient Monitoring (RPM)

The ability to passively monitor your patients allows you to identify patients who are deteriorating and/or need medical attention before they require an ER visit or hospitalization

Medical Wearables, Blue Tooth Enabled Devices, and Dashboard

### **Use Cases for RPM**

#### **Examples**

- CHF Scale
- COPD Oxygen Saturation Monitor
- Recent D/C from Hospital Oxygen Sat Monitor plus Temp and Pulse
- Uncontrolled Diabetes Mellitus Continuous BS monitoring
- Blood Pressure Treatment Adjustments BP monitoring
- Cardiac Rhythm Issues EKG

# How Do the Pieces Come Together?

By Identifying Opportunities Across Your Patient Population

**And Then Acting Upon Them** 





# Clinigence Health Booth on ACOExibitHall.com



### **Contact Info**



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