## Coordinating **Your Healthcare**

We have partnered with your physician(s) to offer you a great new program that will help you, your family, and all your doctors better manage your healthcare.



**Chronic Care Management** is a great benefit for most Medicare patients

Management Coach.

Call us at (800) 778-6091 or at our office at 400 Curie Drive, 2nd Floor, Suite A, Alpharetta, Georgia 30005

> Life Line COMMUNITY Healthcare,

Schedule with your Chronic Care



Your Convenient Community Resource For Prevention & Wellness

## Will the program cost me anything?

The majority of the Chronic Care Management service is covered by Medicare, but depending on your plan, you may be responsible for a portion (up to 20%, or about \$8 per month). If you have supplemental coverage, your portion may be reduced or at no cost.



Chronic Care

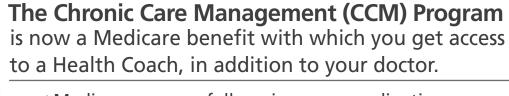
Management

A new program recommended

by your physician

## Why Chronic Care Management?

- According to the CDC, 3 in 4
   Americans aged 65 and older
   has multiple chronic conditions
   (such as high blood pressure,
   diabetes, and arthritis)
   that require ongoing
   medical attention.
- As the number of chronic conditions increases, patients have more doctor visits, take more medications, and face significant out-of-pocket costs.
- About 1 in 10 hospital stays could have been prevented with better management of chronic conditions, according to a report by the Agency of Healthcare Research and Quality.



- ✓ Medicare covers a full service care coordination program (patient may be responsible for a small portion)
- ✓ Available to patients with 2 or more chronic conditions (expected to last 12 months)
- Improved communication among all of your health care providers
- ✓ Monthly contact with a health coach to see if you have any questions regarding medications, communicating changes in your healthcare and scheduling appointments
  - ✓ Decreased burden for family members involved in your healthcare.

After speaking with your doctor regarding your eligibility, a signed consent is required to start services

## The Health Coach is available to assist with the following:

- Ensure that ongoing attention is paid to your medical care needs between visits to your primary care physician
- Establish new care with medical specialists and community resources
- Coordinate your care and health records
- Inform you when it's time to receive preventive services and immunizations

- Help you understand your medications and conditions
- Ensure your doctors and family have easy access to your Care Plan
- Work with your doctor to create a care plan that includes personalized health goals for you